Thanks again!

**Ghosts and Haunts Forum - Ghosts and Haunts** Generated: 17 December, 2025, 09:13

| A Residual Haunting Question Posted by Keith - 24 Sep 2011 12:28   |
|--|
| If a residual haunt is a moment captured and recorded in time and is replayed periodically is it possible to see a residual haunt of one's self of an earlier time in one's own life?  |
| Just wondering.  |
| Keith  |
| Re: A Residual Haunting Question Posted by tyrstag - 24 Sep 2011 13:21   |
| In my opinion, no.   |
| In all my experiences with residual hauntings, I find that <i>most</i> of them revolved around one persons tragedy that caused their death. Even if the reports are of a happier time, Parties, Dances   |
| Like a person that loved going to dances at some big hotel, their death may have been miles away, but that is the time/place where they were happiest. So, they "relive" it over and over.   |
| Re: A Residual Haunting Question Posted by Keith - 24 Sep 2011 13:37   |
| tyrstag,   |
| Thanks for the reply. I'm still looking for answers to questions I have that deal with that which have surround my life. Sometimes I just wonder why things happen, but long ago have learned to accept them. I ask mostly to find if I am alone in these experiences more so than to validate them. |

## **Ghosts and Haunts Forum - Ghosts and Haunts** Generated: 17 December, 2025, 09:13 Keith Re: A Residual Haunting Question Posted by tyrstag - 24 Sep 2011 13:59 Ha!! Believe me, you're not alone. I could you stories of stuff that I've seen or been through for days! Re: A Residual Haunting Question Posted by Keith - 24 Sep 2011 15:01 tyrstag I am finding that to be true the short time I have actually been in the process of finding answers. I found early on that most people are very uncomfortable talking about these things. Yet I am now finding on the internet that many who have the unexplainable occurances happen to them as well are searching for answers. Perhaps not the same things but other things I have not had happen to me. I feel a bit more at ease asking questions here than to friends, the people who just tilt their heads to one side and look right through me without ever saying a word. As I mentioned before it was 30 years that went by before I found that two others had the same experiences I had in a bedroom I grew up in. It was one of those moments when you are validated by others who say " I thought it only happened to me in that room. " I, over the years, have compared those years and times to being placed in a coffin alive and buried. The room actually become a tomb. I (we) were only to be released from its haunting when either someone turned on a light outside the room or when daylight finally came in the morning. Keith

Re: A Residual Haunting Question Posted by TressesOfNephthys - 24 Sep 2011 15:37

I residual is like a finger print, recording the actions and events that take place there. We leave our finger

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prints everywhere. But it would take someone who could do psychometry to detect the latent energies we leave behind.

Now, in rare cases, so much residual energy gets left in one place that it will start to manifest itself into it's own pseudo being. This is what people might call a non-human entity, a poltergeist or perhaps even a demon if the energy were extremely negative. This energy can be left behind by either the living or the dead. Which technically means, yes, you can haunt yourself, but that would be an incredibly rare thing.

So, while it could be possible you are seeing a residual haunt of yourself, if enough energy and emotion were attached to that moment in your life. There's also the possibility that you were having a vision (did this "haunting" occur once or more than once?). Or that there is a haunting in the house that has been feeding off of whatever latent memories are embedded there and thus sort of playing a movie of your life. Whatever the case, what you've experienced is pretty rare. I appreciate you sharing your story.

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# Re: A Residual Haunting Question Posted by Keith - 24 Sep 2011 21:08

TressesOfNephthys,

Believe me, I question myself often.

It's the Reverie time when I set above and watch what is going on within the time I am there in that frame of mind and thought. It's almost like I watch myself within a dream state of mind, I clearly see what is going on and I am there as whatever it is going on plays out. Yet it rarely makes sense to me at the time I am watching.

I know eventually a time will come when I look back and say to myself, "Now, it all makes sense." this has happened often enough to feel certain the event(s) (whatever it is) is forthcoming.

If that makes any sense at all.

Sorry if this is confusing. But I never tried to explain any of this before and words fail me in my feeble attempts here.

# Generated: 17 December, 2025, 09:13 Sorry. Keith Re: A Residual Haunting Question Posted by TressesOfNephthys - 24 Sep 2011 22:56 No way, don't be sorry. So, tell me this: are you seeing this with eyes open or with your third eye? And there's nothing you can say that's too weird for me. " Been happening my whole life" is an understatement for me. Re: A Residual Haunting Question Posted by Keith - 25 Sep 2011 01:19 TressesOfNephthys, Dream like state not asleep not awake (Reverie) and always viewed as an observer as well as a participant. Third eye. I never looked at it from that perspective. Perhaps as a second and third person. Weird as it may sound it makes complete sense to me after so many years. The only thing that bothers me is not getting the point at the time of the Reverie. It's like being given a book with the last chapter missing and later without knowing when the last chapter appears with the ending. I don't question this so much anymore I just want to know if I am alone with these things is all. I have written the Reveries down in the past few years of them so I can recall them as I remembered then. I

never have shown them to anyone because I sometimes wonder myself if it is all just a dream. It is of

course reality.

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# Generated: 17 December, 2025, 09:13 Keith Re: A Residual Haunting Question Posted by TressesOfNephthys - 26 Sep 2011 00:24 I think I get where you're going. So walk me through the scenario--you're laying in bed, eyes closed, drifting off to sleep and you start to see these scenes from your life. Do you also hear audio? So to answer your original question, no it's not a haunting. Why are you seeing this, I'm not really sure. But I will tell you I've been trying to exercise my third eye, and even though I get a lot of blips of things, including wolves, a random eye, a scene with a grandmother and her granddaughter sitting at a kitchen table (nothing to do with me), I've never gotten sound to come along with it nor have I received anything cohesive. So bravo.

vision, like how sometimes you can steer through a dream if you realize you're having a dream. Keep

writing what you see down. Hopefully you can find some clarity.