

incubus

Posted by sparky151 - 24 Jan 2012 00:47

After talking with a friend about recent dreams it was mentioned I likely have a Incubus. If anyone has any suggestions on things I can do to releave myself of this I would appreciate it. I do not get more than 2 hours of sleep at a time and it is starting to run me down.

Searches online have been pretty usless at telling if there is anything I can do about it.
