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## Demonic Issue or Over-imagination? Posted by rach411 - 04 Feb 2012 20:29

I was just wondering if anyone knows anything about Demons? I believe they exist I don't know if anyone else does or not but, my boyfriend of 2 1/2 years whom I have a daughter with had a scary experience while in jail when he was 18. He had a dream that while in his cell something was there tormenting him (I don't remember the details of it) but what I remember of him telling me was that this entity showed him that there was the 666 mark in his cell on this light that you could not see in plain view it was hidden. And that his cell mate woke him up because he was mumbling words of a different language. When he woke up his body was literally steaming and the first thing he did was jump up and look in to the back of the light fixture where he saw the 666 symbol and it was there! Exactly how he saw it in his dream! His cell mate at the time was so freaked out he made my boyfriend sleep with the bible on his chest. I don't mean to sound dramatic but I truly believe it is still with him.. There have been times where I felt like when I looked at my boyfriend in the eyes it didn't seem like him anymore.. and he will say things that do not seem right... There have been episodes that he has had while drinking that were worse! Really horrifying, but I can not be sure if it is the drinking or if it is something much worse... It has happened twice while drinking, once when we were at his mothers so I know it wasn't an attention thing... He would start balling hysterically and then switch and then his body would turn in weird positions and he would start growling at the puppy or say things like " I'm gonna eat your effen dog" Any advice or help on what this could be. He does not have any psychological issues I might add, but I am aware of temporary alcohol psychosis... could this be it? I have had some nightmares about a demon at my old house and this house... sometimes I wonder if it is pissed at me... like it knows that I know its here and

feels like I'm interfering in some way. I could go into more detail if need be but figured I would keep this

## Re: Demonic Issue or Over-imagination? Posted by Eclecticdealer - 05 Feb 2012 01:08

short and sweet for now so its easier to read...

## **Traditional Spiritual Cleansing - Ghost Smudging**

If the spirit or ghost activity does not stop, or stops only for a while, then resumes, some like to do a spiritual cleansing of the house. This is the traditional practice of "smudging" a home to get rid of an unwanted ghost. However, we feel it will only temporarily slow the activity down, for the ghost needs to truly move on:

- 1) Crack a window in each room of your home and take a dried bundle of sage (available at most metaphysical stores and online) and "smudge" your home clearing out any negative or stagnant energies. Smudging is simply lighting the sage bundle, making sure you have a safe receptacle to catch the ashes in, and walking around your entire home allowing the smoke to circulate and cleanse the energy and space.
- 2) Being firm and unemotional, walk around each room of your home, while saying loudly and firmly, " This sage is cleansing out all negative energies and spirits... all negative energies

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and spirits must leave now through the windows and not return." Do

this until you sense the negative energy has gone and the room's energy lightens (to a positive - look for peace) and then say, "In the name of God, this room is now cleansed." Know and sense this.

3) Remember not to worry about how you sound if you stumble on your words. The main thing is your intent, which is your faith. You have power and have nothing to fear. Your intentions are to rid the home of negative energies and spirits and they will know this, if they are there. Always work with your own energy from within your soul and incorporate this energy into the cleansing. Draw your divine power from within your innermost being. Always be firm, non-fearing, unemotional and deal with negative ghosts strongly, yet in love. You are always in control and are not powerless. Some people like to re-visit

a cleansed house by going back into all of the rooms with a pleasant incense such as lavender while inviting all loving, protecting, positive spirits into the home. You may end the ritual by lighting a white candle and setting it on a table to burn for a bit to "seal" the ritual. I recommend first helping the ghost, then doing the cleansing.

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Re: Demonic Issue or Over-imagination? Posted by TressesOfNephthys - 05 Feb 2012 01:29
Just a quick note: smudge sticks are also available at Whole Foods and you can order them on Amazon.
Re: Demonic Issue or Over-imagination? Posted by Eclecticdealer - 05 Feb 2012 02:08

TressesOfNephthys: Didn't know that Whole Foods had them, thanks. They have a two pack of small smudge sticks and a large one that they sell each for \$6.99.

"Smudging is very effective when you've been feeling depressed, angry, resentful or unwell or after you have had an argument with someone. It is also great to smudge yourself, the space and all the guests or participants before a ritual or ceremony or celebration. You can smudge your home or work space as part of a general spiritual housecleaning and you can cleanse crystals or other objects of any negative energy with a smudging ritual."

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