

## Does anyone know

Posted by shell369 - 24 Nov 2012 23:53

---

About any natural remedies that I can use or take for joint pain other than prescriptions or over the counter pain meds?

=====

## Re: Does anyone know

Posted by shell369 - 25 Nov 2012 00:35

---

Never mind. I found a post about tea benefits, I am going to try that.

=====