

## what to do with an incubus?

Posted by Alameda Paranormal Researchers - 25 Aug 2011 02:46

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We have a potential client that is describing paranormal activity in her home that sounds very much like an incubus. She believes an animal or creature is around her and that it makes sexual advances towards her. She cannot see it only feel it. Does anyone have any experience getting rid of something like this and how can we tell if it really is an incubus? Also, how do we protect ourselves and the client?

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## Re: what to do with an incubus?

Posted by crystalcross - 25 Aug 2011 13:29

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I would recommend highly that you form a good relationship with an accomplished medium who has had experience in crossing spirits, and also with inhuman entities. You may want to consider involving another nearby group that already has experience with this. Remember, investigators are not and can not be an island.

In a situation like this you need feedback, you can try sage and smudging but as has been mentioned here before with certain entities that will only serve to tick them off more. So I would recommend highly working with someone who can give you an accurate read as to what you're really dealing with and how your efforts are effecting the environment.

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## Re: what to do with an incubus?

Posted by Steven Matrix - 25 Aug 2011 16:38

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### **crystalcross wrote:**

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I agree. I would also like to point out that in your search for an accomplished medium, don't go by how

much they market/publicize themselves. I've seen it before where there's a lot of marketing and hype, but without the real goods to go with it.

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## Re: what to do with an incubus?

Posted by crystalcross - 27 Aug 2011 12:26

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That's a valid point Steve, and why I really think that EVERY and I mean EVERY paranormal investigative group should align themselves with a good sensitive. It takes time to really develop a good working relationship with a sensitive which you feel comfortable with and whom you evaluate as a good productive member of your group.

One important thing to remember is that the actual investigation is only a small part of the process. Yes, its the most publicized part because its the part where you get to actually see documented evidence. But its by far not the only part. Most of us get called into a situation to help families or people, and not just document what is happening. So there must be some follow-up as well, and someone with some grasp into the other side to help.

Why don't you put out a call for help from sensitives in your area, and give the area you're looking for.

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## Re: what to do with an incubus?

Posted by Alameda Paranormal Researchers - 28 Aug 2011 06:58

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Thanks for the recommendations. We are not above asking another experienced group for help but for some reason people are very territorial out here. It is almost like they want to sabotage or something. Very strange and sad. We have posted on our facebook and put help wanted ads out there. Hopefully it will turn something up. We work with folks who have psychic abilities but they are not versed in demonic entities or anything like this. I am not sure if the client is even for real at this point. We will keep everyone posted on how it goes. Thanks!

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