Any thoughts, advice, or recommendations please

Posted by shanwvr88 - 29 Jan 2012 04:44

Ok things have been going on for a while. Some friends that have a paranormal group came by and we did an investigation in my apartment. We had some verification through pendulum work and a few very strange emf spikes in response to questions. Last weekend my mom spent the night and she heard people walking around in my kitchen, the sound of an animal drinking water, and one of my daughter's care bear toys stood up on it's own. I've been waking up with scratches that can't be explained and I actually saw two scratches show up on my cheek and jaw line area while I was looking in the mirror. I hear sounds of people walking upstairs all the time at all times of the day. I have felt someone or something touch me. There's also been a lot of problems with my oldest son's behavior (which unfortunately comes from being with his father). Right now I don't have the strength physically or mentally to take on a battle. Help?

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