## spirit attachment..

Posted by lintu89 - 27 May 2012 10:44

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hi.i would like any advice about spirit attachments..i have had alot of help in the two years it has been with me..but yet to get rid of it..many mediums have felt this energy with me..but not been able to cross it over..it has made life hard for me..more so at night.i just want to be free of this..so ask any questions, and any advice please..

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## Re: spirit attachment..

Posted by lintu89 - 21 Jun 2012 20:36

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hi...yes my nephew does that.he captured voice and banging..he has the eqipment..but this spirit will not give his name..i just do not know why it stays with me all this time..the energy gets very strong on me..ask any questions..and any advice..please..i am so tired of this..

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## Re: spirit attachment..

Posted by mcn1mom - 30 Jun 2012 17:59

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You still may need to get a Paranormal Investigation group to come over. See if they can get information for you on to who or what you may be dealing with.

You say you nephew has the equipment. don't try at first to capture a name. Try getting information another way. Ask questions, just simple questions yes or no questions at first. things that you might can identify. If you still think it is your husband,ask questions that you know only he would have the answers to. If it doen't know, you are dealing with someone else or somethings else.

Then you can start to get more random questions.

If it doesn't answer this way. do yes and no questions with one knock for no and two for yes. If may be easier for it to knock then to speak. What sounds like a whisper on the recorder even takes alot of energy. Knocking sometimes is easier. Once you get a dialog going then start harder questions to who, why.

Have you tried to take pictures. You may be able to capture something in a photo. This may help give you information or even use a vidso camera with night vision.

But please try to get help from a group.

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## Re: spirit attachment..

Posted by lintu89 - 01 Jul 2012 08:16

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thank you for reply...i don't see my nephew alot..but when i do i will do as you say..it has made loud bangs..but will give no name..but when i see my nephew again i will do the simple yes and no's....only caught orbs on camera around me..my nephew tried using the video but could not capture anything, even though i could feel it around me...i believe like i have been told it is a low entity..it is sexual..and i have alot of bad nights..at times it keeps me from sleep..and i feel very drained..i am trying to fight it with covering myself with light, praying etc..i feel the energy of this entity very strong over me..i feel scared mant times, but i know i have to conquer this, as it feeds of it..i feel like i am in a battle, it poked me in the face the other night...many mediums have come to help, but not one yet can cross it over..over two years now, but i won't give in...i have heard there is so much of this about now..i am intouch with someone who is going through the same thing..these low entitys love causing pain and upset..i just want it to go, any help or advice..x

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## Re: spirit attachment..

Posted by mcn1mom - 04 Jul 2012 00:45

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One thing that may help, I know this may sound strange. Say out loud in a very firm voice. You will not use my energy. You will not touch me. Remember it is your home.

also get a white sage candle and burn it in your home. Rebuk any entity in the name of the Lord. What ever your belief is use your symbol and walk through your home and rebuk the negative energy in the name of the Lord. Start at the back of the house and work your way to the front door. Tell it it is time for it to leave. It is time for if to go home to the Lord. Another thing for you to do is do your own cleansing of you and your home. Get salt, a white candle and holy water. Start at night on any of the Trinity. 3:00, 6:00,9:00 PM or even 12 AM. Light your way with the candle, spred the purifying salt around the periphery of your home. pause at each door and window and sprinkle them with Holy water. with this make the sign of your faith. Once you have finshed surrounding your home with the salt.Stand inside your front door and offer this prayer. ""Beloved Father, cleanse and purify this home with the white light of the Holy Spirit. Purge all negativity from within and fill it with Your loving grace. AMEN"" Hope this helps....

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## Re: spirit attachment..

Posted by lintu89 - 04 Jul 2012 07:26

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thank you for reply.i will give it a go..but i have had a vicer in my home.he has prayed, done holy water..but it is still with me..mediums have confused me to what i have with me...and told me they had crossed it over..but now i am talking to someone who relates to everything i say.and she says it is a low

entity..whilst another who is going on what i have wrote, says it is a incubus...i am so confused..wish i knew what i was dealing with..x

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## Re: spirit attachment..
Posted by mcn1mom - 10 Jul 2012 01:47

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Keep on trying to get information from it. Don't give up. It is one thing to have someone else come in and do a cleansing. But when you stand up and do it yourself it says that you are willing to fight and stand up for yourself. You will find what works for you and when you do it will leave. Try what I said and be firm. You still need to get a group and have them come in and investigate. They may be able to get information for you. Also burn a sage candle in your home this can help with the energy. Keep fighting and don't give up.....

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## Re: spirit attachment..
Posted by mcn1mom - 10 Jul 2012 01:57

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another thing that may help you... get the book The Ghost Hunter's survival guide by Michelle Belanger. She talks about how to protect yourself from attacks. Donning your armor. This book has alot of protection techniques. one of these may be able to help you with your fight. It has a story line but it does talk about spirit attachments. Do your home work. Wish we were closer so I might be able to help better.....But I will continue to come up with ideas that my group has come across.

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## Re: spirit attachment..
Posted by lintu89 - 10 Jul 2012 08:19

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thank you for reply...and info....stayed at my mums at weekend. but everything was still the same with the entity..except also had black mist, golden lights in the room.felt something come close to the bed and lightly touch me..not sure what is good or bad anymore....all i know is when this all started it was much stronger in everything..maybe this is another one i have with me now..but just want to be free from it..wish you was nearer...but hope you will keep intouch..x

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## Re: spirit attachment..
Posted by mcn1mom - 11 Jul 2012 00:50

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Keep fighting it, They loose energy too. Keep telling it it can not use your energy. Get the book that I mentioned. It has alot of info in it. I think once you learne how to block the energy that is coming to you it will start letting go. The book also tells of how to lighten up the energy in your home. Changing the

enviroment's energy can also change the energy around you. Does your home feel heavy when you are there? Spirit attachments can weight you down. But you need someone the can sweep the attachments away. Ask around and see if there is anyone in your area that has delt with attachments.

One thing you can try is...You need to shield yourself. Let see if we can do a little work from a distance. Shielding is simply a technique that allows you to surround yourself with a barrier of protective energy. Here we go. Sit in a chair or on the side of your bed.start imagining a bubble of protective energy surroundws you on all sides. You can imagine a bright light of protection surrounding you. or focus on what you use as a symbol of faith. let that extend from your center and extend out until you feel it surrounding your entire body. Say with all your belief... I am surrounded on all sides by the light. No darkness shall pass this boundary. When you feel the need do this again.  Maybe this can help until you get help. Ny the way where do you live?

always say your prayers. "Through the grace of God, I am surrounded on all sides by the holy light. His power will protect me"

Goog luck

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