

## **Shadow People**

Posted by Ocean County Paranormal Research - 30 Sep 2011 16:00

---

What Is Your Theory On Shadow People.

---

## **Re: Shadow People**

Posted by TressesOfNephthys - 30 Sep 2011 16:11

---

When ghosts make an appearance, it can take on many different forms. Sometimes we see them more clearly, and sometimes, it's more like a mist or shadow. It all depends on how much they want to be seen and also how much energy they have to do so. Ghosts, if they really want to make their presence known, will do things like pull energy from electrical devices, drain batteries, etc.

Now, it is thought by many people that if a ghost takes on the form of a grey or black shadow, that it is a negative energy. Somewhat true. Think about your shadow. It always shows up dark, but slightly translucent. Now I think if the shadow shows up black or dark grey and much more opaque, then that is more cause for worry.

So ask yourself: does the shadow person looks more like a human shadow, more of a manipulation of light, or does it look like a totally black figure as if it would be a shadow regardless of how much light was in the room?

---

## **Re: Shadow People**

Posted by islandflower66 - 30 Sep 2011 16:27

---

Not sure if I totally believe in "Shadow People", I've experienced shadows caught out of my peripheral vision but I've yet to see one straight on to make me think otherwise. Were they my imagination or plays on lighting? Not sure.

---

## **Re: Shadow People**

Posted by crystalcross - 30 Sep 2011 16:31

---

Actually you bring up shadows and entities seen out of the corner of your eye.

I'm curious, since you hear the same phenomena so much, and it always seems to be seen out of the corner of your eyes. I'm wondering if its not so much a physical presence but rather a projection of a thought or vision which the mind interprets as something out of the corner of its eye since its not in its physical visual field of view. Thoughts?

=====

**Re: Shadow People**

Posted by tyrstag - 30 Sep 2011 17:16

---

**crystalcross wrote:**

Actually you bring up shadows and entities seen out of the corner of your eye.

I'm curious, since you hear the same phenomena so much, and it always seems to be seen out of the corner of your eyes. I'm wondering if its not so much a physical presence but rather a projection of a thought or vision which the mind interprets as something out of the corner of its eye since its not in its physical visual field of view. Thoughts?

That's my thought CC. If I see a shadow person full on with naked eye. I might reconsider.

--P

=====

**Re: Shadow People**

Posted by osty - 30 Sep 2011 18:42

---

**crystalcross wrote:**

Actually you bring up shadows and entities seen out of the corner of your eye.

I'm curious, since you hear the same phenomena so much, and it always seems to be seen out of the corner of your eyes. I'm wondering if its not so much a physical presence but rather a projection of a thought or vision which the mind interprets as something out of the corner of its eye since its not in its physical visual field of view. Thoughts?

I feel that this is a majority of shadow people out there, I do believe there must be something more (or maybe I hope there is something more), since I have heard stories of people looking directly at shadows

and then realizing that that shadow should not be there.

=====

### **Re: Shadow People**

Posted by TressesOfNephthys - 30 Sep 2011 21:18

---

Well, I will tell you from experience that the majority of the time I see something in my peripheral vision, it tends to be a strand of hair. Does that account for every instance? Probably not.

=====

### **Re: Shadow People**

Posted by Wes\_Forsythe - 30 Sep 2011 21:29

---

One theory someone presented to me as to why a ghost may manifest as a shadow...

It is a pretty common belief in the paranormal field that when a ghost manifests that it drains active energy around them (batteries and such) whether by accident or on purpose. What if the "shadow people" we see are a different type of energy drain - in essence "draining" the light from an area.

Many of the reports of apparitions and shadows include "the room seemed to get darker"; Just something to think about.

I haven't really seen any evidence that a shadow is a "dark" or bad entity. I suspect it is just one form of manifestation and that we impose our fear and interpretations of the dark onto that phenomena. I don't buy the corner of the eye thing over all. While PLENTY of corner of the eye sightings of anything are most likely mistakes and the like, quite a few of the accounts I have heard involve head-on encounters with a shadow that "completely blocks the light."

=====

### **Re: Shadow People**

Posted by TressesOfNephthys - 30 Sep 2011 22:28

---

**Wes\_Forsythe wrote:**

One theory someone presented to me as to why a ghost may manifest as a shadow...

It is a pretty common belief in the paranormal field that when a ghost manifests that it drains active energy around them (batteries and such) whether by accident or on purpose. What if the "shadow people" we see are a different type of energy drain - in essence "draining" the light from an area.

Many of the reports of apparitions and shadows include "the room seemed to get darker". Just something to think about.

"

Good point

---

### Re: Shadow People

Posted by limestone - 02 Oct 2011 00:55

---

**crystalcross wrote:**

Actually you bring up shadows and entities seen out of the corner of your eye.

I'm curious, since you hear the same phenomena so much, and it always seems to be seen out of the corner of your eyes. I'm wondering if it's not so much a physical presence but rather a projection of a thought or vision which the mind interprets as something out of the corner of its eye since it's not in its physical visual field of view. Thoughts?

Personally the shadow person I saw was "head on", not out of the corner of my eye. I was a teenager and it was in my room. It terrified me, I saw the silhouette of a man that was blocking what little light would normally be coming from one of my bedroom windows. I felt it was malevolent, but, what else would you think with an assumed intruder in your room?!

My other experience isn't even my experience so much as my husband's. He also saw it "head on", in fact "tracked" it with his eyes. We were outside having a little bonfire in our back yard. I never saw it, as it was behind me and I was talking to him. I did, however, watch my very skeptical (non-believer in the paranormal) and virtually unshakable husband's face go pale. Shortly after he relayed to me what he saw. Apparently, he saw a shadow figure walk through our fence (6ft tall chain link) behind me, past us to my left and then pass through the fence on the opposite side of the yard. He swore initially when he saw the shadow that it was one of our kids, then realized it was too big...and worse yet..."not real or solid";

When I was first divorced my and was living in a brand new, never lived in apartment I saw out of the corner of my eye almost weekly a "shadow" that would dart in the hallway. I blew it off as some type of visual disturbance until one night while on the phone with a friend I watched a shadow "ball" IN THE REFLECTION OF MY SLIDING GLASS DOORS GLASS (wtf) come out of the wall over my breakfast bar about halfway across the bar it then slowly went back towards the wall and was "reabsorbed".

---